

Hi!

We are looking forward to a fun and exciting Got Guts 5K Run, Walk and Food Fair event this year! We expect a great turn-out and are looking for volunteers to help ensure a smooth event. We are still looking for some key volunteer positions to be filled as well as some positions that only require a small commitment of time. Please consider volunteering for any of the below or feel free to let us know that you can help out where we need you most. Remember, you can always sign-up to participate in the event and still volunteer!

Following is a list of some of the positions we have open:

Volunteer Director Assistant/Back-up – Help the Volunteer Director with planning and coordinating all volunteer positions. Participate in planning meetings and understand the roles of the volunteers. Assist in filling vacant volunteer positions and matching volunteers to appropriate roles. Contact the volunteers to ensure they understand their roles, reporting times and other pertinent information.

Food Fair Recruiter – Working with the Food Fair Coordinator, contact potential Food Fair vendors about participating in the Food Fair. Inform them of the various Food Fair participating levels and benefits of participating. Follow-up as necessary.

Promotion Manager – Working with the Promotion Director, send out emails to potential participants (Running Clubs, other Celiac groups, National Celiac List serve, etc); Coordinate promotion volunteers to pass out brochures at coffee shops, running clubs, doctor's offices, bulletin boards, etc.; Pursue other PR related avenues (radio, newspapers, etc) to promote the event.

Sponsor Liaison Volunteer – Work with the Sponsor Coordinator and ensure the Sponsors receive what was agreed to; Greet them at the event, ensure they get their free registrations, have their picture taken with their sponsor sign, etc.

Prize Drawing Coordinator – Coordinate and receive the prizes for the drawing; Coordinate the process for the prize drawing; Bring the prizes to the event and assist in the prize drawing.

Recycling Manager – Work with Logistics Manager to ensure the appropriate number of trash cans and recycling boxes are ordered. Make sure they are placed throughout the event area. Coordinate team of volunteers to ensure trash and recycling are picked up throughout the event. Coordinate appropriate disposal of trash and recycling.

Parking Manager – Rope off areas for parking; manage parking volunteers

In addition to the above key volunteer positions, we are looking for volunteers for the following:

- Promotion volunteers (to pass out brochures)
- Bag stuffers
- Packet pick-up volunteers (Fri, Sep 10th and Sat, Sep 11th)
- Happy Hour Party Planner (Happy Hour scheduled for Fri, Sep 10th)
- Event, Course and Finish-Line set-up volunteers (day before the event)
- Event set-up volunteers (morning of the event)

- Transporters:
 - Bag Stuffing Material to Bag Stuffing Location (Locations TBD)
 - Stuffed Bags (Location TBD) to Packet Pick-up Location (“Rogue”, 500 San Marcos, 78702 (Central East Austin)
 - Food Fair food from Pflugerville (Near intersection of 130 and 45) and other locations TBD to event
- Parking volunteers - direct participants where to park
- Greeters - greet the participants and direct them where to go
- Timing volunteers
- Race day registration volunteers
- Food Fair volunteers - help set up food fair, assist vendors as needed; distribute food to participants, clean-up/tear-down Food tent
- Kid's 1K Volunteers - Run with the kids, cheer them on, or help at the finish line
- Water coordinators (pick-up water for the event)
- Ice coordinators (pick-up ice for the event)
- Volunteers to pass out water to runners
- Transporter to take the water volunteers and water to their stations on the course
- Clean-up and tear down volunteers

If you are interested in volunteering in any of the above areas, or can offer services in other areas, or would like to be assigned to an area where we need the most help, please click [here](#), or send an email to mary@gotguts5k.org.

Thank you in advance and be sure to pass along the Got Guts 2010 event information to anyone who may be interested!